

Social-Emotional Learning in Online Environments

Social-Emotional Learning for Primary Grades

Strategies to build relationships, student's sense of belonging, and a positive emotional climate in the online learning environment.

The strategies selected below are aligned with the CASEL SEL framework

Self Awareness



Self Management



Social Awareness



Relationship Skills



Responsible Decision Making

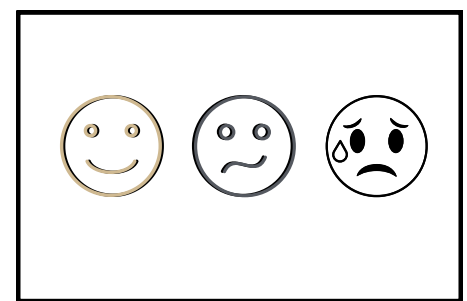


1

Checking in

For non-readers: Use pictures to help students check in and express how they feel.

For readers: Ask students to draw or choose an emoji that captures how they feel. In a synchronous session, ask a few students to share. If working asynchronously, prompt them to share and discuss with a caregiver.



2

Team Building

For non-readers: Play the "Hey, me too" game for students to learn more about their peers.

For readers: Create a "Yes, and!" story. Write it together during a virtual class or ask students to contribute asynchronously on a document.



3

Role Playing and Modeling

For non-readers: Create a color monster of emotions and create your own book of emotions.

For readers: Role-playing lets children understand what it means to stand in someone else's shoes. The beneficial exercise also sparks their imagination and creativity.

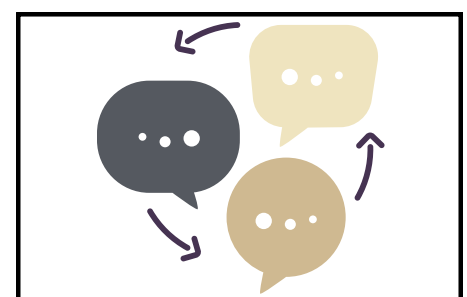


4

Class Discussions

For non-readers: Use video conferencing tools to host a morning virtual meeting where students can share their feelings about different topics

For readers: Create a virtual wall for different discussion topics where students can post comments and respond to classmates using digital tools such as Padlet or Flip.



5

Goal Setting

For non-readers: Have students create one goal for the week to share at the start of the week.

For readers: Have students use a tool such as Flip to record their goals for the week in each subject. At the end of the week, students can reflect on their goals.

